



Eat different
foods each
day for a wide
variety of nutrients.

Grace Lutheran School Lunch Menu

OCTOBER 2015

MONDAY



There are 2000 varieties of blackberries found throughout the cooler regions of the world.

TUESDAY

Free & Reduced Price Meal Benefit information & application can be obtained by contacting the Food Service Office.

WEDNESDAY



THURSDAY

Grilled Cheese Sandwich 1
Chicken Noodle Soup

Deli Sub

Corn
Tomato Slices
Celery Sticks
Peaches

FRIDAY

Pizza Parlor Pizza 2

Chef Salad

Broccoli Florets
Baby Carrots
Cauliflower
Pears

Chicken Nuggets 5
WG Breadstick

Cravin Craisin Salad

Celery Sticks
Cherry Tomatoes
Cauliflower
Pineapple

Cheeseburger on WG Bun 6

Honey Mustard Ham Wrap

Corn
Baby Carrots
Beets
Applesauce

Hotdog on WG Bun 7

Cold Cut Sub

Broccoli
Garbanzo Beans
Celery Sticks
Fresh Orange

Chicken Patty on WG Bun 8

Popeye Salad

Green Peas
Baby Carrots
Cauliflower
Mixed Fruit

**No Lunch
No School
Half Day
Grandparents' Day**

Cheeseburger on WG Bun 12
W/Tri Tator

Honey Mustard Ham Wrap

Celery Sticks
Tomato Slices
Cauliflower
Fresh Apple

Scalloped Potatoes & Ham, 2 WG Dinner Rolls 13

Turkey BLT Wrap

Corn
Baby Carrots
Beets
Peaches

Hotdog on WG Bun 14
w/Tater Tots

Chicken Caesar Wrap

Broccoli
Garbanzo Beans
Celery Sticks
Mixed Fruit

Chicken Patty on WG Bun 15
w/Tri Tator

Deli Sub

Baked Fries
Baby Carrots
Garbanzo Beans
Fresh Banana

BBQ Riblet on WG Bun 16

Cravin Craisin Salad

Romaine Lettuce
Green Onions
Tomatoes
Pineapple

Pizza Burger 19

Popeye Salad

Broccoli Florets
Baby Carrots
Cauliflower
Pears

BBQ Meatball WG Sub 20

Chicken Caesar Wrap

Baby Spinach
Black Beans
Green Peas
Pineapple

Sloppy Joe on WG Bun 21
Oven Fries

Cold Cut Sub

Green Peas
Tomato Slices
Celery Sticks
Mixed Fruit

Hot Ham & Cheese Sandwich 22

Turkey Ranch Wrap

Corn
Baby Carrots
Cauliflower
Fresh Orange

Cheeseburger on WG Bun 23

Turkey BLT Wrap

Baby Spinach
Black Beans
Pepper Medley
Peaches

Hotdog on WG Bun 26

Chef Salad

Green Peas
Kidney Beans
Cauliflower
Pineapple/Mandarin Mix

Soft Tacos w/ Lettuce, Cheese, Salsa 27

Honey Mustard Ham Wrap

Chopped Lettuce
Cherry Tomatoes
Celery Sticks
Peaches

Chicken Patty on WG Bun 28

Deli Sandwich

Broccoli
Cherry Tomatoes
Celery Sticks
Fresh Pear

Chicken Nuggets, Mashed Potatoes w/Gravy 29

Chicken Salad Sliders

Spring Corn Salad
Kidney Beans
Cherry Tomatoes
Applesauce

Pizza Parlor Pizza 30
Side Salad

Deli Sub

Broccoli Florets
Baby Carrots
Cauliflower
Fruit Cocktail

Prices

Regular	\$0.00
Reduced	\$0.00
Adult	\$0.00
Adult	\$0.00
Extra Entrée	\$0.00

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
For questions or comments,
contact Shelly Bradley at:
s.bradley@taher.com
or call 414-442-5854

