Monday	Tuesday	Wednesday	Thursday	Friday
12/29/14	12/30/14	12/31/14	01/01/15	01/02/15
No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break
1/5/2015	1/6/2015	1/7/2015	1/8/2015	1/9/2015
(A) Granola (P) Chicken Nuggets (S) Turkey Wrap (GF) Granola	(A) 3-Cheese Sub (P) French Toast Sticks (S) Salami Sandwich (GF) 3-Cheese Sub	(A) Blueberry Muffin (P) Pepperoni Pizza (S) Ham Hoagie (GF) Blueberry Muffin	(A) Tuna Pasta Salad (P) Macho Nachos (S) SB & J Sandwich (GF) Tuna Sandwich Meal	(A) BBQ Chicken Wrap (P) Pasta Marinara (S) Club Sandwich (GF) BBQ Chicken Wrap
1/12/2015	1/13/2015	1/14/2015	1/15/2015	1/16/2015
(A) Asian Chicken Salad (P) Chicken Stars (S) Turkey Wrap (GF) Asian Chicken Salad	(A) Bagel w/cream cheese (P) Pancakes (S) Salami Sandwich (GF) Bagel w/cream cheese	(A) Chicken on a Biscuit (P) Cheese Pizza (S) Ham Hoagie (GF) Ham/Cheese Sandwich	(A) Banana Bread (P) Rotini w/meat sauce (S) SB & J Sandwich (GF) Banana Bar	(A) Greek Veggie Wrap (P) Boscos (S) Club Sandwich (GF) Club Sandwich
1/19/2015	1/20/2015	1/21/2015	1/22/2015	1/23/2015
(A) Tuna Fish Sandwich (P) Chicken Nuggets (S) Turkey Wrap (GF) Chicken Tender	(A) Greek Chicken Salad (P) French Toast Sticks (S) Salami Sandwich (GF Salami Sandwich	(A) Chkn, Broc, Chz Potato (P) Cheese Pizza (S) Ham Hoagie (GF) Ham/Cheese Sandwich	(A) Spinach Berry Salad (P) Macho Nachos (S) SB & J Sandwich (GF) Spinach Berry Salad	(A) Pumpkin Bread (P) Ravioli w/marinara sauce (S) Club Sandwich (GF) Pumpkin Choc. Chip
1/26/2015	1/27/2015	1/28/2015	1/29/2015	1/30/2015
(A) BBQ Chicken Wrap (P) Pepperoni Bosco (S) Turkey Wrap (GF) Turkey Wrap	(A) Bagel w/cream cheese (P) Pancakes w/egg (S) Salami Sandwich (GF) Bagel w/cream cheese	(A) Pulled Pork Sandwich (P) Cheese Pizza (S) Ham Hoagie (GF) Pulled Pork Sandwich	(A) Banana Bread (P) Big Corn Dog (S) SB & J Sandwich (GF) Banana Bar	(A) Lemon Poppy Seed Muffin (P) Chicken Footballs (S) Club Sandwich (GF) Club Sandwich

4P's in a Pod, LLC

peg@4psinapod.com

Monday	Tuesday	Wednesday	Thursday	Friday
12/29/14	12/30/14	12/31/14	01/01/15	01/02/15
No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break
1/5/2015	1/6/2015	1/7/2015	1/8/2015	1/9/2015
(P) Chicken Nuggets Fruit Veggie Graham Snacks	(P) French Toast Sticks Bacon Fruit Yogurt	(P) Pepperoni Pizza Fruit Veggie Dessert du Jour	(P) Macho Nachos Fruit Mexican Corn Corn Chips Fruit Snacks	(P) Pasta Marinara Fruit Veggie String Cheese
1/12/2015	1/13/2015	1/14/2015	1/15/2015	1/16/2015
(P) Chicken Stars Fruit Veggie Wheat roll w/butter	(P) Pancakes Bacon Fruit Yogurt	(P) Cheese Pizza Fruit Veggie Dessert du Jour	(P) Rotini w/meat sauce Fruit Salad French Bread	(P) Boscos Fruit Veggie Dessert du Jour
1/19/2015	1/20/2015	1/21/2015	1/22/2015	1/23/2015
(P) Chicken Nuggets Fruit Veggie Graham Snacks	(P) French Toast Sticks Bacon Fruit Yogurt	(P) Cheese Pizza Fruit Veggie Dessert du Jour	(P) Macho Nachos Fruit Mexican Corn Corn Chips Fruit Snacks	(P) Ravioli w/marinara sauce Fruit Veggie Garlic Breadstick
1/26/2015	1/27/2015	1/28/2015	1/29/2015	1/30/2015
(P) Pepperoni Bosco Fruit Veggie Dessert du Jour	(P) Pancakes w/egg Bacon Fruit Hard Boiled Egg	(P) Cheese Pizza Fruit Veggie Dessert du Jour	(P) Big Corn Dog Fruit Veggie Fruit Snacks	(P) Chicken Footballs Fruit Veggie Sports Bites

4P's in a Pod, LLC

A Sandwich Meal including fruit, veggies, and a treat is also offered everyday.

peg@4psinapod.com

Monday	Tuesday	Wednesday	Thursday	Friday
12/29/14	12/30/14	12/31/14	01/01/15	01/02/15
No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break
1/5/2015	1/6/2015	1/7/2015	1/8/2015	1/9/2015
(A) Granola Fruit Veggie Greek Yogurt	(A) 3-Cheese Sub Fruit Veggie Pretzels	(A) Blueberry Muffin Fruit Veggie Cottage Cheese	(A) Tuna Pasta Salad Fruit Veggie Pickle	(A) BBQ Chicken Wrap Fruit Veggie
1/12/2015	1/13/2015	1/14/2015	1/15/2015	1/16/2015
(A) Asian Chicken Salad Fruit Fortune Cookie	(A) Bagel w/cream cheese Fruit Veggie Cottage Cheese	(A) Chicken on a Biscuit Fruit Veggie Dessert du Jour	(A) Banana Bread Fruit Veggie Greek Yogurt	(A) Greek Veggie Wrap Fruit Cottage Cheese
1/19/2015	1/20/2015	1/21/2015	1/22/2015	1/23/2015
(A) Tuna Fish Sandwich Fruit Veggie Goldfish Crackers	(A) Greek Chicken Salad Fruit Tostitos Hummus	(A) Chkn, Broc, Chz Potato Fruit Dessert du Jour	(A) Spinach Berry Salad Wheat roll w/butter	(A) Pumpkin Bread Fruit Veggie Greek Yogurt
1/26/2015	1/27/2015	1/28/2015	1/29/2015	1/30/2015
(A) BBQ Chicken Wrap Fruit Veggie	(A) Bagel w/cream cheese Fruit Veggie Cottage Cheese	(A) Pulled Pork Sandwich Fruit Veggie Dessert du Jour	(A) Banana Bread Fruit Veggie Greek Yogurt	(A) Lemon Poppy Seed Muffin Fruit Veggie Cottage Cheese

4P's in a Pod, LLC

peg@4psinapod.com

A Sandwich Meal including fruit, veggies, and a treat is also offered everyday.

## **JANUARY 2015**

Monday	Tuesday	Wednesday	Thursday	Friday
12/29/14	12/30/14	12/31/14	01/01/15	01/02/15
No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break	No Hot Lunch Holiday Break
1/5/2015	1/6/2015	1/7/2015	1/8/2015	1/9/2015
(GF) Granola Fruit Veggie Greek Yogurt	(GF) 3-Cheese Sub Fruit Veggie GF Salty Treat	(GF) Blueberry Muffin Fruit Veggie Cottage Cheese	(GF) Tuna Sandwich Meal Fruit Veggie Fruit Snack	(GF) BBQ Chicken Wrap Fruit Veggie
1/12/2015	1/13/2015	1/14/2015	1/15/2015	1/16/2015
(GF) Asian Chicken Salad Fruit GF Treat	(GF) Bagel w/cream cheese Fruit Veggie Cottage Cheese	(GF) Ham/Cheese Sandwich Fruit Veggie Fruit Snack	(GF) Banana Bar Fruit Veggie Greek Yogurt	(GF) Club Sandwich Fruit Veggie GF Treat
1/19/2015	1/20/2015	1/21/2015	1/22/2015	1/23/2015
(GF) Chicken Tender Fruit Veggie GF Dinner Roll	(GF Salami Sandwich Fruit Veggie GF Treat	(GF) Ham/Cheese Sandwich Fruit Veggie Fruit Snack	(GF) Spinach Berry Salad GF Dinner Roll	(GF) Pumpkin Choc. Chip Fruit Veggie Greek Yogurt
1/26/2015	1/27/2015	1/28/2015	1/29/2015	1/30/2015
(GF) Turkey Wrap Fruit Veggie GF Treat	(GF) Bagel w/cream cheese Fruit Veggie Cottage Cheese	(GF) Pulled Pork Sandwich Fruit Veggie GF Snack	(GF) Banana Bar Fruit Veggie Greek Yogurt	(GF) Club Sandwich Fruit Veggie GF Treat

4P's in a Pod, LLC

peg@4psinapod.com

A Sandwich Meal including fruit, veggies, and a treat is also offered everyday.